

RENEW FOCUS AND CONCENTRATION WITH SENSORY-BASED ACTIVITIES



Ask about our ActiveMind School Partnership!
For a free consult, contact
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ActiveMind™ SENSORY ROOMS:

10 Active Minutes = Hours of Learning

SIMPLY POWERFUL RESULTS

	Outstanding	very good	fair
Improves Academic Performance	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Response to Intervention (RtI) Compliance	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reduces Disruptive Behavior	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Easy to Implement	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inclusive of Every Child	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Effective Teacher Training	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flexible and Low-cost	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Immediate Results	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

comments:

*Give kids the room to succeed!
ActiveMind Sensory Rooms will be rolled out district-wide
in the next school year.*



TEN ACTIVE MINUTES = HOURS OF LEARNING

The idea is simple but powerful: Create a space for active movement or calming input. After ten minutes, students are ready to sit and focus for hours. Now your school can join the Active Mind Revolution.



Regular participation in physical activity is linked to enhancement of brain function and cognition, thereby positively influencing academic performance.

- Archives of Pediatric and Adolescent Medicine, 2012



Common Classroom Problems:

- Hyperactivity
- Frustration
- Learning Challenges
- Aggression
- Over Responsive
- Disruption
- Under Responsive
- Acting Out
- Anxiety
- Tuning Out

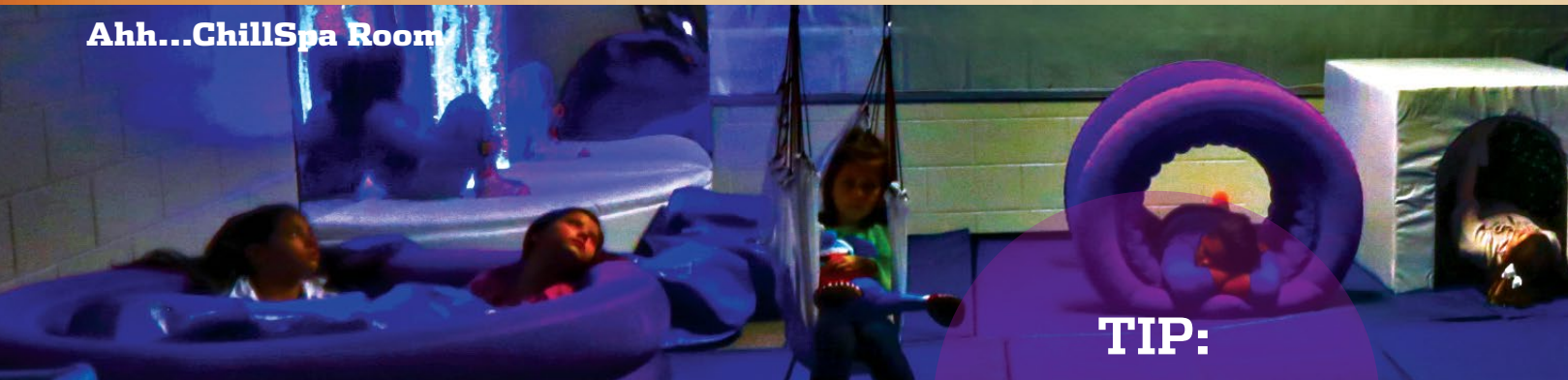
Solution: ActiveMind Sensory Rooms

The Science behind ActiveMind Sensory Rooms:

Active minds need active bodies. Action Rooms have a dramatic effect on all students, especially those with attention and hyperactivity issues. Builds concentration. Body relaxed...mind alert. Action Room tools include:

- Swings and rockers that provide rhythmic movement to help students organize thoughts, actively use their bodies, and relax their minds.
- Trampolines, obstacle courses and other "heavy work" with rhythmic jumping, climbing or crawling engages the body and sharpens focus.
- Ball pits, fidgets and sand tables provide massaging and tactile input that soothes and improves concentration.

Ahh...ChillSpa Room



Whoa...Action Room



TIP:

Use the Action Room and ChillSPA before the start of any behavior issues. It's preventive care, not a reward or punishment.

Sensory input calms the body when the mind can't. ChillSPA Rooms decrease discipline problems and acting out from aggression, anxiety or frustration. ChillSPA Room tools include:

- Interactive bubble tube, fiber optic lights, images projected on the walls, and soothing music provide visual and auditory input, creating a calming environment.
- Cozy 'safe' spaces like a pop-up tent with a weighted blanket or a fiber optic tunnel help children feel less overwhelmed by providing control over their environment.
- Hammock with swing suspension, mesh swing, or chair swing hugs the children with a gentle rocking motion.

Academic instruction can also take place here.



"I would tell my students to sit down and focus, but they could not manage their own behavior. Now after a few minutes in our Action Room or ChillSPA, they can learn without the struggle."

-Wendy Garcia, Special Education Teacher

"I'm a huge believer in creating school environments where our kids can be successful. We have Sensory Rooms throughout our district, and teachers see the change in behavior almost immediately. With a modest investment, we experience the benefits every day."

-Cindy Terry, County Administrator, Gwinnett County Public Schools

"My son has learning differences. I knew an active approach to learning would benefit ALL students. The PTA was great in helping the school raise funds and awareness. Within 6 weeks, our kids had a Sensory Room."

-Anne Williams, Parent and Teacher, Pharr Elementary



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