

# Caregiver Carryover Sheet

Even with the most trusted individual or family member taking charge in your absence, transitioning care for a child with sensory needs can feel daunting. How can you help a caregiver understand your child's preferences and patterns?

Keep this resource handy. It'll help you clearly communicate important information so your child can have a smoother experience when you're not with them.



NAME \_\_\_\_\_ does best when maintaining their routine. Changes to routine that feel small to us can impact them in a huge way. Below (or attached) is the schedule we usually follow:

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Some of \_\_\_\_\_'s favorite sensory tools are:

\_\_\_\_\_ - usually used during \_\_\_\_\_

\_\_\_\_\_ - usually used during \_\_\_\_\_

\_\_\_\_\_ - usually used during \_\_\_\_\_

Some things that are particularly triggering for \_\_\_\_\_ are:

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Signs that \_\_\_\_\_ is overwhelmed and needs support to prevent a meltdown:

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During a sensory meltdown it is best to:

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During a sensory meltdown, it is not helpful to: \_\_\_\_\_ reason/negotiate, discipline/reprimand or leave them alone. Unlike a tantrum, \_\_\_\_\_ is not in control of their actions during a sensory meltdown. They are unable to regulate on their own and need your patience and support to reach calm again.

I can be reached at:

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**fun &  
function**