

I AM **grateful** for a ↵
{ new day. I AM **thankful**
for the ... **life** I have. I AM an ☆
amazing HUMAN BEING. ↵

I am beautiful and **unique.**

I AM **strong** and independent.

{ I AM **resilient** and **brave.**

↵ **I am** (more than) enough.

I AM **learning** to **become** the
best version of **myself.**



fun &
function